



Recovery –
Through Christ

www.recoverythroughchrist.org

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What Should We Know?



What Should We Know?

“...for by what a man is overcome, by this he is enslaved.” - Peter 2:19

Understanding Grace

*And the Word became flesh, and dwelt among us,
and we saw His glory, glory as of the only begotten
from the Father, full of grace and truth.*

- John 1:14

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*For the Law was given through Moses; grace and
truth were realized through Jesus Christ.*

- John 1:17

Examples of Grace?

Mark 1:40-42 - The Leper

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John 8:2-12 ~ The Adulterous Woman

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Mark 2:15-17 ~ Tax Collectors and Sinners

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John 8:2-12 - The Adulterous Woman

Mark 2:15-17 - Tax Collectors and Sinners

1 Cor. 6:9-11 - Such Were Some of You

God's Grace Extended to Us

For while we were still helpless, at the right time Christ died for the ungodly. For one will hardly die for a righteous man; though perhaps for the good man someone would dare even to die. But God demonstrates His own love toward us, in that while we were yet sinners, Christ died for us. Much more then, having now been justified by His blood, we shall be saved from the wrath of God through Him. For if while we were enemies we were reconciled to God through the death of His Son, much more, having been reconciled, we shall be saved by His life. And not only this, but we also exult in God through our Lord Jesus Christ, through whom we have now received the reconciliation.

- Romans 5:6-11

When Temptations Come

For we do not have a high priest who cannot sympathize with our weaknesses, but One who has been tempted in all things as we are, yet without sin. Therefore let us draw near with confidence to the throne of grace, so that we may receive mercy and find grace to help in time of need.

- Hebrews 4:15-16

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No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, so that you will be able to endure it.

- 1 Corinthians 10:13

When Temptations Come

Let no one say when he is tempted, "I am being tempted by God"; for God cannot be tempted by evil, and He Himself does not tempt anyone. But each one is tempted when he is carried away and enticed by his own lust. Then when lust has conceived, it gives birth to sin; and when sin is accomplished, it brings forth death.

- James 1:13-15

The Cycle of the Struggle



The Cycle of the Struggle

Fantasy

Fantasy – Temptation

- Feeds off of Primary Emotions
 - Love
 - Joy
 - Anger
 - Sadness
 - Fear



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Rituals - Conception of Lust

- Secondary reaction to primary emotion.
 - Need for Love
 - Need for Joy
 - Anger
 - Sadness
 - Fear

Rituals



The Cycle of the Struggle

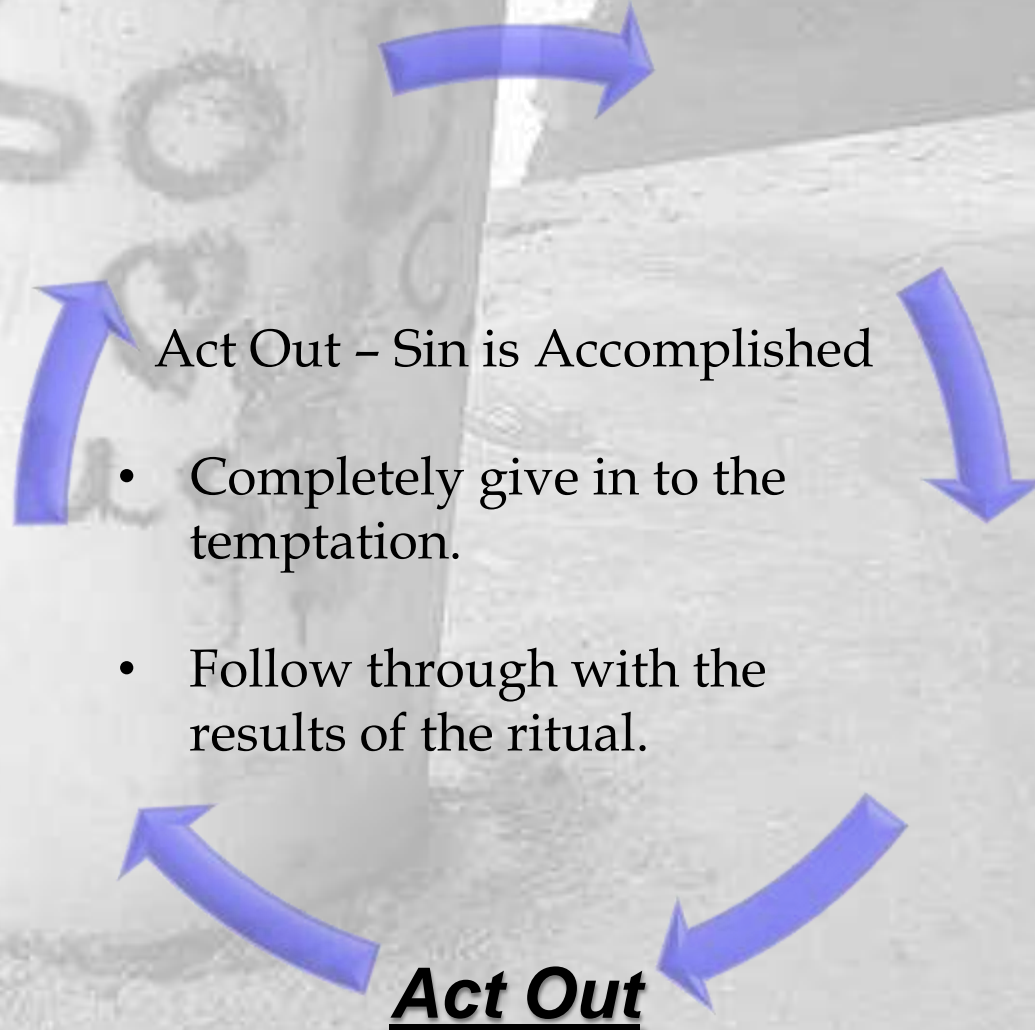
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Rituals

When lust is conceived, it gives birth to sin

The Cycle of the Struggle



The Cycle of the Struggle

Act Out - Sin is Accomplished

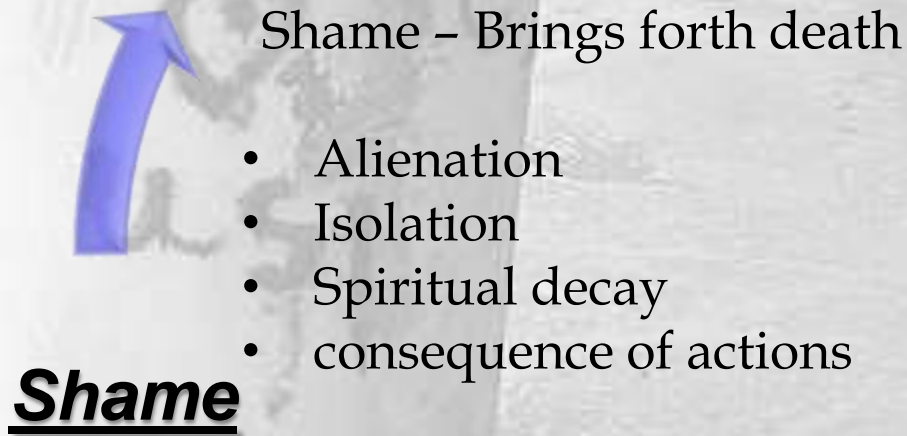
- Completely give in to the temptation.
- Follow through with the results of the ritual.

When sin is accomplished, it brings forth death.

Act Out



The Cycle of the Struggle

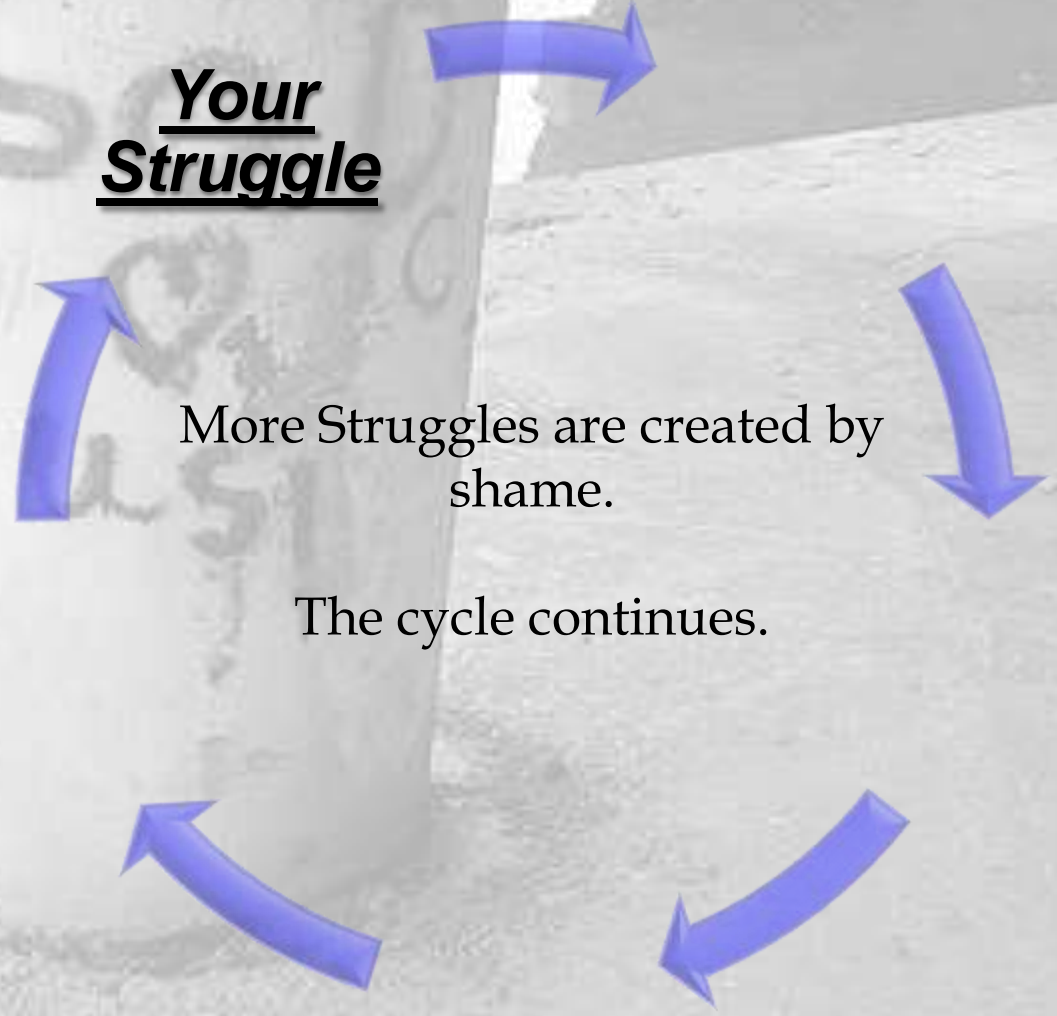


The Cycle of the Struggle

Your
Struggle

More Struggles are created by
shame.

The cycle continues.



What Can We Do?

Bear one another's burdens, and thereby fulfill the law of Christ. - Galatians 6:2

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Therefore, confess your sins to one another, and pray for one another so that you may be healed.

The effective prayer of a righteous man can accomplish much.

- James 5:16



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